

South Gloucestershire Health Promotion Resource and Information (HP R&I) Service How to use this service

http://southglos.resourcesorg.co.uk

What is the purpose of the HP R&I service?

The service supports practitioners in their work with individuals, groups and communities to promote healthy lifestyles and facilitate behaviour change. We provide access to appropriate quality assured resources, important for effective health promotion. The service is *free* and available to anyone whose work base is in South Gloucestershire.

What resources can I access on the website?

You can:

- Order paper copies of a wide selection of paper leaflets
- Download leaflets (PDFs) using the links provided
- Order leaflets directly from the publisher using the links provided
- Borrow and return a selection of models and kits.

How do I order, collect and return resources?

You can:

- Order resources online and you will receive a confirmation email
- Indicate using the drop down box where you wish to collect the resources from; any of the <u>South</u> Gloucestershire Libraries or the reception area of any One Stop Shop
- Return models and kits to the same place you collected them from
- Click on *Libraries and One Stop Shops Addresses and Opening times* on the website home page for more details.

How far in advance do I need to order resources?

We use South Gloucestershire Council's internal post system to distribute resources. Please order resources two weeks in advance of the date you need them so we can process your order and ensure the resources are delivered to your preferred collection point in time. Please return models and kits at the end of the agreed period of loan to the same place.

Are leaflets effective in changing health behaviour?

Consider how you use written leaflets and information. The most effective way of using leaflets is to support client centred conversations you have with individuals and groups about changing health behaviour. Conversely, giving out leaflets in mass with no interaction generally has minimal impact.

How do I give my feedback and comments about the site?

We welcome feedback about the website and service in general. Please click on the *Feedback and comments form* on the website home page.

Do we have a disclaimer?

Yes, all information on the website is in the public domain and correct on 1 January 2019. We are not responsible for the content of other websites. However, if you find anything amiss please get in touch with us using the *Feedback and comments form*.

Contact

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